FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name a	2. Issuer Name and Ticker or Trading Symbol X4 Pharmaceuticals, Inc [XFOR]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)									
Ragan Paula						211 I manuecunicum, me [M on]								X	Direc	tor		10% O	wner
(Last)	3. Date of Earliest Transaction (Month/Day/Year)								X	X Officer (give title below)			Other (below)	specify					
(Last) (First) (Middle) C/O X4 PHARMACEUTICALS, INC.						06/23/2023							President and CEO						
61 NORTH BEACON STREET, 4TH FLOOR						4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line)					
(Street)														X	X Form filed by One Reporting Person				
(Street) BOSTON MA 02134															Form filed by More than One Reporting Person				oorting
(City)	Rule 10b5-1(c) Transaction Indication																		
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Table	I - No	n-Derivat	tive Se	ecur	ities	Acc	uired,	Dis	posed of	, or I	Benefi	cially	/ Owr	ned			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/					Execution (Year) if any						es Acquired (A Of (D) (Instr. 3,		4 and Secur Benef Owner Follow		cially I ing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount	(A) or (D) Pri		e	Reported Transaction(s) (Instr. 3 and 4)					
Common	023			S ⁽¹⁾		6,724 D		\$1	.92 ⁽²⁾	543,797 ⁽³⁾		D							
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execu	eemed ution Date, ch/Day/Year)	4. Transaction Code (Instr. 8) 5. Numbe Oberivat Securit Acquir (A) or Dispos of (D) (Instr. and 5)			rative rities ired r osed)				7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and		8. Price of Derivative Security (Instr. 5)		9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Own Forn Direc or In (I) (Ir	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amoun or Numbe of Shares	r					

Explanation of Responses:

- 1. The reported transaction was effected pursuant to a Rule 10b5-1 trading plan.
- 2. The price reported is a weighted average price. These shares were sold in multiple transactions ranging from \$1.90 to \$1.96 inclusive. The Reporting Person undertakes to provide the Company, any security holder of the Company or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range.
- 3. Of the shares of common stock reported, 158,604 shares represent restricted stock units.

Remarks:

/s/ Adam S. Mostafa, attorney-in-fact 06/26/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.