SEC Forn	1 4															
FORM 4			UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549											OMB APPROVA		
Section 16. Form 4 or Form 5 obligations may continue. See					ed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940							IP	Estima	OMB Number: 3: Estimated average burden hours per response:		3235-0287 0.5
1. Name and Address of Reporting Person* Ragan Paula (Last)					2. Issuer Name and Ticker or Trading Symbol X4 Pharmaceuticals, Inc [XFOR]							lationship of F k all applicat Director Officer (g below)	ole)	10%		
(Last) (First) (Middle) C/O X4 PHARMACEUTICALS, INC. 61 NORTH BEACON STREET, 4TH FLOOR					3. Date of Earliest Transaction (Month/Day/Year) 11/07/2022							President and CEO				
(Street) BOSTON MA 02134 					4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Та	able I - Non	-Derivat	tive S	ecurities	S AC	quired, Di	sposed o	f, or Ber	neficially (Dwned				
Date				2. Transac Date (Month/Da	Execution Date,		3. Transactio Code (Inst 8) Code V	n Disposed	ties Acquire Of (D) (Inst (A) of (D)	tr. 3, 4 and 5)	nd 5) Securities Beneficially Following Reported Transaction		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		. Nature of ndirect Beneficial Ownership Instr. 4)	
			Table II - D					uired, Disj , options,				wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	Code	action (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)				8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownershi (Instr. 4)
				Code	v	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)			
Stock Appreciation Right	\$1.8	11/07/2022		A		3,438,335		(1)	11/07/2032	Common Stock	3,438,335	\$0	3,438,	,335	D	

Explanation of Responses:

1. The Stock Appreciation Right will vest and become exercisable in equal annual installments (rounding down to the nearest whole share, except for the last installment) on the first, second, and third anniversaries of November 7, 2022, subject to the Reporting Person remaining an employee of the Issuer through and including each applicable vesting date.

Remarks:

/s/ Adam S. Mostafa, attorneyin-fact

11/09/2022

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.